



### **Choreographing Your Dance Career by Janaea Rose Lyn - Description**

From defining dreams to crafting strategies, *Choreographing Your Dance Career* is a unique and comprehensive resource for dancers, choreographers, directors, and educators. This practical and encouraging text was written from the perspective of an experienced mentor who has lived through many of the challenges faced in this lively art. Offering insight into the journey toward a fulfilling career, Janaea Rose Lyn guides you through the intricacies of personal and professional development. The overall focus is holistic, balancing career advice with approaches for enhanced physical and mental well-being. Artwork by Laura Higgins Palmer celebrates the spirit of dance.

Organized in four ACTS, ACT 1 - FIRST STEPS lays the groundwork for self-discovery and career exploration. ACT 2 - PHRASING empowers artists to put their best foot forward with advice on written and visual promotional materials. ACT 3 - PARTNERING spotlights techniques for successful networking, interviewing, and auditioning, while ACT 4 - BEHIND THE SCENES lifts the curtain on the complexities of producing, promoting, and directing.

This engaging handbook blends information, examples, and exercises with stories from the author's life, providing the tools and guidance necessary for choreographing the career that only you can dance!